

Student Activities Center Fitness Center Re-Opening Plan with COVID-19 and Physical Distancing Considerations

General Facility Considerations

- *One entry through Fitness Center front entrance; one exit through opposite side Fitness Center door*
- *Locker-room restrooms will have signs to request the use of alternating stalls by patrons*
- *Showers will be closed*
- *Increased hand-sanitation stations (anticipate approx. 3 stations throughout the facility)*
- *Provide additional disinfectant stations next to water fountains and other high-touch areas for students to self-disinfect*
- *In following World Health Organization guidance, masks are not required when exercising in the facility as masks may reduce the ability to breathe comfortably*
- *Masks must be worn outside of the Fitness Center and inside locker/restrooms*
- *No visitors or community member use of the Fitness Center; students use only*
- *Mandatory card swipe-in and swipe out processes for student access of Fitness Center to keep track of student movement throughout the facility*
- *Reduce hours to 8 am – 6 pm M-F (Closed on weekend) to support increased cleaning and custodial needs*
- *Maximum of 10 patrons on both the Cardio Deck & Weight Floor (20 total in facility) Count will be maintained by Fitness Attendants*
- *All patrons must maintain 6 feet physical distance while exercising in the facility*
- *Train student assistants to monitor and observe distance throughout facility use*
- *Every patron will be given a cleaning cloth when entering FC, to help maintain cleanliness and number count. Bin at exit door will be used to collect after usage*
- *Drinking fountains are marked for allowed usage*

Employees

- *Masks are required to be worn properly by all employees while in Fitness Center*
- *Gloves are highly recommended to be worn at all times, but only required while during the cleaning of equipment*
- *Will maintain 6 feet of separation at all times while in the facility*
- *Will be required to complete the University Covid-19 Training*

Administrative Offices

- *Strongly encourage students to make Teams and phone appointments with staff to avoid visits to the offices of DRW*
- *Maximum of 2 people in a given office*
- *Require masks to be worn by all when meetings or visits take place in offices*

Weight Floor

- *Free weights will not be available for use*
- *Machine weights will be separated to give at least 6 feet of separation, by participants*
- *Maximum of 10 patrons allowed on Weight Floor at any given time*
- *Additional hand sanitation stations will be available*

- *Additional machine sanitation stations will be available*

Cardio Deck

- *Machines are marked for available usage to maintain at least 6 feet per participant*
- *Additional hand sanitation stations will be available*
- *Additional machine sanitation stations will be available*
- *Maximum of 10 patrons allowed on Cardio Deck at any given time*

Studios

- *Group exercise rooms will be offline for use*

Group Exercise

- *Classes will be offered on the Basketball Court 2*
- *Only offered M-TH, 5pm-5:45pm*
- *Instructors will be required to wear masks*
- *Maximum of 10 participants per class*
- *Markers and mats will be used to signal participants spacing*

Student Events and Activities

- *Large-scale events will be prohibited in physical spaces*
- *Tennis Courts will remain available for free-play. Signage will be posted to remind players of social distancing practices*

Outdoor Spaces

- *We will encourage a max of 10 students in any given outdoor space and work with the university to post signage—using similar practices and guidance as provided at public parks*

Intramural Sports

- *We will offer non-contact, non-area sports such as tennis, corn hole, and disc golf as example intramural offerings with modified rules*
- *We will not offer contact sports such as basketball, flag football, soccer and kickball as examples*
- *We will promote our E-sports and other online gaming opportunities*

Outdoor Adventure

- *All interactions with students and staff will be done virtually whenever possible*
- *Due to travel restrictions, all outdoor adventure trips are cancelled indefinitely*
- *All Outdoor Adventure Clinics will be hosted virtually*
- *The Gear Rental program will provide limited equipment for lending. Camping equipment will not be available*
- *Team-building activities will be available virtually and in-person with distancing and mask requirements*
- *Due to nature of elements, the Challenge Course will remain closed until social distancing guidelines can be established*