







AUGUST 2023

Monday	Tuesday	Wednesday	Thursday	Friday
	1	2	3	4
7	8	9	10	11
14	CAS Open House Edgewater-276 10am - 3pm 	Academic Coaching Meet & Greet Laker Hall-361 5 - 7pm 	17	18
21 Chaos to Control: Semester Planning 5 - 6pm  	22	23 Chaos to Control: Semester Planning 6 - 7pm 	24 Pro Tips: D2L Magnolia - 139 5- 6pm 	25
28	29 TikTok...Time Management Magnolia - 139 4 - 5pm 	30	31 Mindful Math Tips & Tricks Magnolia - 139 4 - 5pm 	



Attend *ONE* workshop for your Theme Community per month.

Optional to attend additional CAS events or workshops

Event Key:



EmpowHER Workshop



Barbershop Initiative Workshop




Pre-Nursing Workshop

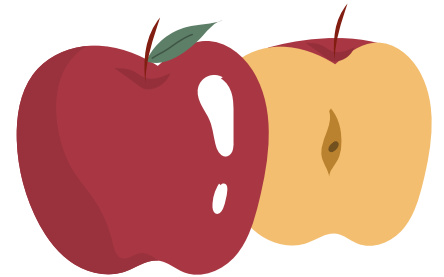
****All Workshops are open to ALL students & held in Laker Hall Room 358**



CAS Event

SEPTEMBER 2023

Monday	Tuesday	Wednesday	Thursday	Friday
				1
4	5 Brain Gain: Study Skills Magnolia-139 4 - 5pm 	6 "Work at the CAS" - Tutoring TBD 	7 Speak with Confidence (Public Speaking) Magnolia-139 4 - 5pm 	8
11	12	13 College Roadmap: Transition from HS to College 6 - 7pm  	14 Hacking History Magnolia - 139 4 - 5pm 	15
18	19	20 Goal Getter: Mastering Motivation 5 - 6pm 	21	22
25	26 Notetaking Skills Magnolia - 139 4 - 5pm 	27	28	29



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CAS Event

OCTOBER 2023

Monday	Tuesday	Wednesday	Thursday	Friday
2	3 Academic Writing 101 Magnolia-139 4 - 5 pm 	4	5	6
9	10	11	12	13
16 Goal Getter: Mastering Motivation 5 - 6pm  	17 Save My GPA Magnolia - 139 2 - 4pm 	18 Save My GPA Laker Hall Lobby 1 - 3pm 	19	20
23 Career Horizons: TBD 	24	25	26 Ask an Advisor University Center 4 - 5pm 	27
30	31			



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CAS Event

NOVEMBER 2023

Monday	Tuesday	Wednesday	Thursday	Friday
		1	2 Tea Time: Communicating w/ Professors Magnolia-139 4 - 5pm 	3
6 Study Jammies Day 1 Laker Hall -361 TBD	7	8 Study Jammies Day 2 Laker Hall -361 TBD	9	10
13	14 Finals Fest: Finish Strong-Finals Time Management Magnolia -139 4 - 5pm 	15	16 Finals Fest: Building your Study Toolkit Magnolia -139 4 - 5pm 	17
20	21	22	23	24
27 Finals Fest: Overcoming Test Anxiety Magnolia -139 4 - 5pm	28 Finals Fest: Finals Study Jam University Center 10am - 6pm	29 Finals Fest: Finals Study Jam University Center 10am - 6pm	30	



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CAS Event

WORKSHOP DESCRIPTIONS

From Chaos to Control: Semester Planning

Do you struggle with procrastination? Or do you have challenges managing your time now that you have less time INSIDE the classroom. Join our workshop to learn the ins and outs of proper time management and how it's linked to succeeding in college. Build a customized weekly or semester schedule that works for you and discover methods for breaking down tasks into manageable pieces, prioritizing assignments, and avoiding procrastination.

College Roadmap: Transitioning from High school to College

Join us for an interactive workshop where you'll discover the fundamental differences between high school and college learning. Take a proactive role in understanding your responsibilities outside of the classroom and learn how you can effectively manage your time. Be inspired to take charge of your learning process and set yourself up for success in college and beyond.

Goal Getter: Mastering Motivation

In this workshop, you will learn how to set and achieve SMART goals, overcome motivation challenges and make progress towards your dreams. You'll also learn to uncover your personal aspirations and effectively communicate them. Join us and take a step towards fulfilling your potential!

Career Horizons: Your future in Healthcare

Join us for a workshop focused on exploring career opportunities in the healthcare industry. Learn what to expect as a nursing student and how to prepare for the rigorous coursework. Evaluate your aptitude and discover the path that aligns with your goals.

CAS Events & Workshops

For descriptions of Center for Academic Success events visit: clayton.edu/calendar



or scan the QR code

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CAS Event