

JANUARY 2024

Monday	Tuesday	Wednesday	Thursday	Friday
1	2	3	4	5
8	9	10 Last Day to Drop Classes!!	11 Fee Payment Deadline (Pay your balance or visit Bursars office for a payment plan)	12
15 No classes MLK Day	16 Success Center Opens! 3-9pm Room 361	17	18 No show deadline! Do your No show assignment or you will be dropped!	19
22 Prioritize Like a Pro: Time Management 6-7pm 	23 Pro-Tips: D2L Workshop Magnolia-139 4-5pm 	24	25 Prioritize Like a Pro: Time Management 5-6pm  	26
24	30 Brain Gain: Study Skills Magnolia-139 4-5pm 	31		



Attend ONE workshop for your Theme Community.

Optional to attend additional CAS events or workshops

Event Key:

 **EmpowHER Workshop**

 **Barbershop Initiative Workshop**

 **Pre-Nursing Workshop**

****All Workshops are open to ALL students & held in Laker Hall Room 358**

 **CAS Workshop**

FEBRUARY 2024

Monday	Tuesday	Wednesday	Thursday	Friday
			1	2
5	6	7	8 TikTok...Time Management Magnolia-139 4-5pm 	10
12 Claim Your Crown: Power and Accountability 6 - 7pm  	13	14	15	16
19	20	21	22 Grit & Growth: Healthy Mindset 6 - 7pm 	23
26 Midterm Grades posted	27	28	29	



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 **CAS Workshop**

MARCH 2024

Monday	Tuesday	Wednesday	Thursday	Friday
				1 Last Day to Withdraw Drop a class with a W
4	5	6	7	8
S P R I N G B R E A K				
11	12 Save My GPA Magnolia - 139 2 - 4pm	13 Save My GPA Laker Hall Lobby 1 - 3pm	14	15
18	19	20 Career Horizons: TBD 	21	22
25 Tea Time: Communicating with Professors Magnolia-139 4-5pm 	26	27	28	29



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EmpowHER Workshop



Barbershop Initiative Workshop



Pre-Nursing Workshop

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CAS Workshop

APRIL 2024

Monday	Tuesday	Wednesday	Thursday	Friday
1 Grit & Growth: Healthy Mindset 5 - 6pm  	2	3	4	5
8	9	10	11	12
15	16 Finals Fest: Finish Strong with Finals Time Management Magnolia-139 4-5pm 	17	18 Finals Fest: Building your study toolkit Magnolia-139 4-5pm 	19
22	23 Finals Fest: Finals Study Jam 10-6pm University Center 	24 Finals Fest: Finals Study Jam 10-6pm University Center 	25	26
24 Last Day of Classes <i>Withdraw with WF</i>	30	31		



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 **Barbershop Initiative
Workshop**

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 **CAS Workshop**

SPRING WORKSHOP DESCRIPTIONS



Prioritize Like a Pro: Mastering Time Management

In this interactive session, we'll dive deep into the art of prioritization, providing practical strategies to help you balance academics, personal life, and free-time. Discover the secrets to efficient time management, learn to identify and tackle your top priorities, and unlock the key to maintaining a healthy work-life balance. Through hands-on activities and lively discussions, you'll leave with the skills to prioritize like a pro and take charge of your responsibilities without sacrificing your well-deserved downtime.



Claim Your Crown: Power and Accountability

In this workshop participants will discover effective strategies to assertively advocate for their needs, aspirations, and rights. The workshop goes beyond advocacy by delving into the realm of accountability, providing practical tools and habits to foster discipline, focus, and goal attainment. Learn how to wear your metaphorical crowns with confidence and reign over your academic and personal journey!



Grit & Growth: Building Healthy Mindsets

This workshop focuses on fostering a positive and adaptable mindset, empowering individuals to embrace challenges as opportunities for growth. Learn how to push through difficult academic and personal experiences and creating the life that you want for yourself! Life is hard, but so are the choices that lead to a better tomorrow.



Career Horizons: Your future in Healthcare

Join us for a workshop focused on exploring career opportunities in the healthcare industry. Learn what to expect as a nursing student and how to prepare for the rigorous coursework. Evaluate your aptitude and discover the path that aligns with your goals.



CAS Events & Workshops

For descriptions of Center for Academic Success events or to register for the online workshop visit: clayton.edu/calendar



or scan the QR code

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EmpowHER Workshop



Barbershop Initiative Workshop



Pre-Nursing Workshop

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CAS Event