## **Clayton State University**

# Drug-Free Schools and Communities Act (DFSCA) Campus Regulations

### **Biennial Review**

December, 2018

(covering Academic Years 2016-2017 & 2017-2018)

# CSU faculty and staff members on the Alcohol Drug Education and Prevention Team (ADEPT)

Shiraz Karaa, Associate Director for Counseling and Psychological Services, ADEPT Chair

Tavonda Hudson, Career Services Counselor

Jeff Jacobs, Dean of Students, Ex-Officio Member

Dr. Chizara Jones, Faculty member in the Department of Psychology

Alicia Myrick, Assistant Director for Community Standards & Case Manager

Mya Richardson, Assistant Director of Housing and Residence Life

T'Mara Rozier, University Health Services Outreach Coordinator

Captain Gayron Taylor, Public Safety

Statement about the Drug-Free Schools and Communities Act (DFSCA) Amendments

University System of Georgia Alcohol and Other Drugs Task Force

Clayton State University's Alcohol, Tobacco, and other Drugs (AOD) Program Goals

Description of Accomplishments and activities related to AOD

Description of AOD Program Elements in the Five Areas of Environmental Interventions

Summary of AOD Program Strengths and Limitations

AOD Policy Content and Distribution

Recommendations for Future Steps

List of acronyms used in this document

Alcohol and Other Drugs (AOD)

Drug-Free Schools and Communities Act (DFSCA)

Alcohol and Drug Education and Prevention Team (ADEPT)

Substance Abuse and Mental Health Services Administration (SAMHSA)

Counseling and Psychological Services (CAPS)

Governor's Office of Highway Safety (GOHS)

Association of Recovery in Higher Education (ARHE)

Transforming Youth Recovery (TYR)

Training for Intervention Procedures (TIPs)

#### Statement about the Drug-Free Schools and Communities Act (DFSCA) Amendments

The Drug-Free Schools and Communities Act (DFSCA) Amendments of 1989 requires institutions of higher education (IHE's) receiving federal financial assistance to establish drug and alcohol abuse prevention programs. A major requirement of these regulations requires that all students and employees receive materials annually that contain standards of conduct, a

description of various Alcohol and Other Drugs (AOD) laws that apply in that jurisdiction, a description of the various health risks of drug and alcohol abuse, a description of available counseling and treatment programs, and a statement on the sanctions the university will impose for AOD-related standards of conduct violations.

#### The University System of Georgia Alcohol and Other Drugs (AOD) Task Force

On July 28, 2015, Chancellor Hank Huckaby charged the University System of Georgia (USG) Alcohol and Substance Abuse Task Force to review and develop recommendations related to alcohol and substance abuse at the System's then 30 (now 29) public colleges and universities. The Chancellor convened the task force in response to a 2015 recommendation by the USG Campus Safety and Security Committee, which found that "the abuse of alcohol and other substances is a significant contributing factor in many of the most serious public safety issues" and should therefore receive additional study. Chancellor Huckaby challenged the group to think broadly, without being constrained by boundaries, and to use the collective wisdom and experience of the Task Force members to issue proposals that might address campus policies; challenges across student life organizations and activities; local government permitting and licensing regulations; and training and programs related to AOD prevention.

Those recommendations can be found online: USG Alcohol and Substance Abuse Task Force Final Report

http://www.usg.edu/assets/usg/docs/news\_files/Final\_Report\_-USG Task Force Alcohol and Substance Abuse 2016.pdf

#### Clayton State University's Alcohol, Tobacco, and other Drugs (AOD) Program Goals:

The goals delineated below strive to more closely align the campus AOD education and prevention efforts with the USG Alcohol and Other Drugs Task Force recommendations and are as follows:

- 1. To align campus AOD efforts with the USG Alcohol and Other Drugs Task Force recommendations.
- 2. To continuously update and enforce a comprehensive AOD policy for the Clayton State University (CSU) campus community including students, faculty, and staff in order to promote an environment focused on learning and free from the use of alcohol, smoke and tobacco, and other drugs.
- 3. To assess campus attitudes toward the use of AOD and utilize data to create and implement a comprehensive evidence-based AOD program within a collegiate environment.
- 4. To make available counseling services and provide off-campus referrals if this is more appropriate in assisting students to manage and overcome AOD problems.

- 5. To implement campus policies and activities that promote overall wellness (intellectual, social, physical, emotional, spiritual), responsible living, and respect for community and campus standards and AOD policies.
- 6. To market clean and sober campus events as a healthy alternative to AOD choices; to individuals in recovery; and to advocate for the responsible use of alcohol to of-age users.

#### Description of Accomplishments and Activities Related to AOD

- 1. The Alcohol and Drug Education and Prevention Team (ADEPT) at CSU is active and meets quarterly or as needed to develop a comprehensive AOD program on campus.
- 2. There is concerted effort to publish and distribute information about AOD on campus. The faculty and staff handbooks are available online and include campus AOD policies. Faculty and staff who want a paper version of the handbooks may contact Human Resources for a copy. The Student Code of Conduct contains AOD policies and information about violations and sanctions. This information is found online under on the Alcohol and Other Drugs Education and Prevention Program page.
- 3. Beginning fall semester 2015, CSU began administering AlcoholEDU online program to all first-year and transfer students under age 24. AlcoholEDU is an interactive, online program designed to inform students about how alcohol affects the body, mind, perceptions and behaviors. Completion of the Alcohol EDU online program is enforced through a hold on students' accounts for students who do not complete the program by the required dates. Enforcement for program completion enables a larger number of students to participate and benefit. At the beginning of fall 2018, AlcoholEDU is required for all new undergraduate students.
- 4. A custom question about recovery was added to the AlcoholEDU survey during fall semester 2016. The question asked students to indicate whether they are interested in learning more about recovery programs and if they would like to be contacted. In 2016-17, 60 students responded that they wanted to be contacted to learn more about recovery activities and programs on campus. The number for students interested in learning about recovery support on campus increased to 68 in fall 2017/Spring 2018.
- 5. Outreach efforts to students expressing interest in recovery programs resulted in individual meetings with a CAPS counselor. Efforts to have these students form a student organization to support their recovery has been ongoing since 2016 with some success, i.e., contact with some of these students. A student organization has not yet been formed.
- 6. The Office of Community Standards uses the 3rd Millennium Classroom online platform to deliver a Marijuana 101 course as a sanction for students who are found in violation of the alcohol and drug campus policy. The enforcement of this program

- holds students accountable and provides education about marijuana, the drug of choice for many of the AOD violations on this campus.
- 7. CAPS provides general alcohol and drug assessments and works with the Office of Community Standards to support students who have been sanctioned due to AOD issues or need referrals to off-campus providers.
- 8. CSU was awarded its ninth renewal in 2018 for the Governor's Office of Highway Safety (GOHS) grant, which is managed through the Office of Community Standards. The grant funds a Peer Health Educator position to a student who assist in maintaining a Peer Health Education Program on campus.
- 9. Campus Life promotes service-learning through volunteerism and community based initiatives that engage students in experiential learning on and off campus. Some of these programs entail opportunities to learn about and assist with alcohol and other drug concerns through programs, such as Americorps Service Program, Laker Service Day, and Hunger and Homelessness Awareness Week.
- 10. CSU was the recipient of the Transforming Youth Recovery (TYR) grant in 2018 in the amount of \$1,000. Funds were used to start a recovery resource library and pay for institutional membership with the Association of Recovery in Higher Education (ARHE).
- 11. CSU sent staff member to TIPs (Training for Intervention Procedures) trainings on 2/10/17 at Georgia Southwestern State University and on 6/13/18 at Kennesaw State University.
- 12. CSU sponsored five staff and faculty members to attend the Prevention Summit at the University of Georgia on May 16 & 17, 2017.
- 13. CSU conducted outreach events during the National Recovery Month and the National Collegiate Alcohol Awareness Week.
- 14. CSU is a current member of the Georgia Network, a statewide organization committed to addressing Collegiate AOD issues.
- 15. CSU participates in the Substance Abuse and Mental Health Services Administration's (SAMHSA's) Bringing Recovery Supports to Scale learning community. Named **Building a Strong Collegiate Recovery Program, t**his learning community provides interactive weekly online discussion or plenary sessions that explore how to start, grow, and maintain a successful collegiate recovery program.
- 16. A dedicated AOD online page has been created to market AOD events, policies, and programs on campus. The page is entitled Alcohol and Other Drugs Education and Prevention Program and can be found at http://www.clayton.edu/community-standards/Alcohol-and-Other-Drugs-Education-and-Prevention-Program

#### Description of AOD Program's Elements in the Five Areas of Environmental Interventions

#### 1. Alcohol and Drug Free Options

All of CSU's student sponsored social programs are drug and alcohol-free. Such programs include concerts, comedy shows, a range of intramural and other recreational activities, and annual seasonal and special events. A variety of community service and volunteer opportunities are publicized and coordinated for students and student organizations through the Department of Campus Life and are seen as promising strategies to reduce collegiate alcohol and other drug use.

#### 2. Normative Environment

#### **Students**

CAPS provides confidential services to students who identify alcohol or other drugs as their primary problem. Services include individual counseling, and education to students who have questions or concerns about their use of alcohol and/or other substances. Students that identify alcohol or substance abuse as their primary problem receive appropriate referrals if necessary. Individual on-line screenings are available year-round.

Health promotion and substance abuse prevention programs and services are delivered through a number of departments including Campus Life, CAPS, Recreation and Wellness, University Health Services, Housing and Residence Life, Human Resources, and the Office of Community Standards.

The Office of Housing and Residence Life has alcohol policies in place to prohibit or restrict alcohol use in on-campus housing depending on the housing facility in which students reside. Alcohol is completely prohibited in the first year residence hall and allowed in the upper classmen apartments in limited quantities for student residents over 21 years of age.

#### **Employees**

Employees can contact The Office of Human Resources for assistance with individual issues and may be referred to an Employee Assistance Plan on a case by case basis. In addition, based on an employee's elected benefits, employees have access to Employee Connect Service through the Long Term Disability Program.

http://www.usg.edu/hr/benefits\_docs/BOR\_Comparison\_Guide\_NEW.pdf (p.28).

#### 3. Alcohol Availability

CSU limits the possession or consumption of alcoholic beverages on its campus and any other CSU-affiliated area. Alcohol beverages may be permitted for specific events at the discretion of

the President. Further, there are other limited exceptions to this policy within the Laker Village housing complex by those over the age of 21.

#### 4. Alcohol and Other Drugs Marketing and Promotion

Pro-health messages are made through CAPS, University Health Services, Recreation and Wellness, Campus Life, Housing and Residence Life, and the Office of Community Standards. A variety of alcohol education/awareness brochures and pamphlets are available. Sponsorship and collaboration of annual activities by the Division of Student Affairs, such as the National Collegiate Alcohol Awareness, National Recovery Month, and Week and Wellness Week provide relevant AOD information and activities.

Alcohol advertising and industry-sponsored-events are banned on campus. Student organization announcement content related to party events promotion is monitored and restricted. Students who advertise unapproved events involving alcohol are fined.

#### 5. Policy Development and Enforcement

University student organization sponsored (on and off campus) functions must be registered through the Office of Campus Life. University police patrol and observe on-campus parties and patrol the on-campus residence hall complex. State and local laws are enforced for fake IDs, underage drinking, purchases of/sale to minors, and DUI. University police collaborate with local law enforcement agencies including the City of Morrow and Lake City Police Departments.

Students who violate the AOD Policy on campus are referred to the Office of Community Standards. Information pertaining to quantity, behavior, cooperation, damage, etc. will be considered by the Conduct Officer/ hearing authority when issuing charges and adjudicating each case.

Recommended sanctions for violations are as follows:

- Level 1: Complete online alcohol or drug education program (students will be required to pay for online course); Parental Notification Letter, Disciplinary Warning.
- Level 2: Attend one alcohol/drug dependency assessment; Disciplinary Probation for duration of current semester and one additional semester of enrollment.
- Level 3: Suspension from University Housing and/or the University.

These are minimum sanctions only. Additional sanctions may be imposed at the discretion of the Conduct Officer or hearing authority.

#### **AOD** enforcement data

The Crime and Safety reports from the Office of Public Safety show that there were 28 alcohol and drug related crimes on campus within this review period.

The Office of Community Standards Report shows a total of 32 violations in the following categories:

Possession and/or consumption of Alcohol – 4 responsible, 3 not responsible, 0 dropped, 0 pending

Possession and/or Use of Illegal Drugs - 11 responsible, 9 not responsible, 0 dropped, 0 pending

Possession of drug related paraphernalia – 2 responsible, 2 not responsible, 0 dropped, 0 pending

Manufacture of drugs – 0 responsible, 1 not responsible, 0 dropped, 0 pending

#### **Summary of AOD Program's Strengths and Limitations**

#### Strengths:

- ADEPT continues to make visible impact since it was re-activated during fall semester 2016.
- CSU had an attendee at the Association of Recovery in Higher Education (ARHE) National Collegiate Recovery Conference in April 2016.
- CSU is a current member of the GA Network for Substance Abuse Prevention in Higher Education.
- CSU Dean of Students, Jeff Jacobs, served as Chair on the Student Attitudes, Practices, and Culture subcommittee on the USG Alcohol and Substance Abuse Task Force.
- General drug-related assessments and referrals to CAPS can be made through the Division of Student Affairs and other campus constituents. Education materials are available through CAPS and University Health Services.

#### Limitations:

• Some limitations to AlcoholEDU have been identified including the following: AlcoholEDU is administered to first-year students under age 24. A more representative sample that includes the adult learner population is needed. This is particularly important in capturing information about recovery students who often fall under the older age groups. Also, AlcoholEDU asks many questions on alcohol and many fewer questions about other drugs. Survey data show that the use of marijuana is more prevalent than alcohol among CSU students. It is recommended that other assessment tools be used to gather more comprehensive data about the use of other drugs.

- There is need to increase and enhance intervention efforts through personalized feedback for students found in violation of campus AOD policies.
- There is a need to make the AOD program more visible through marketing and innovative programming.
- There is a need to implement a health-promoting normative environment with interventions designed to correct misconceptions of social norms on campus, i.e., students' expectations about drinking and other drug use that have been formed by the media, parents, and peers.
- There is a need to increase student engagement in AOD programming efforts.

#### **AOD Policy Access and Distribution**

The AOD Policy is distributed to all campus constituents annually with the Annual Security and Fire Safety Report in September. This is disseminated via email from the Office of Public Safety.

A copy of the policy is also located online in the Student Handbook. The Handbook can be found online at <a href="http://www.clayton.edu/catalog-handbook">http://www.clayton.edu/catalog-handbook</a>

Employees are notified of the Alcohol and Drug Policy which is located online at <a href="http://www.clayton.edu/human-resources/Handbooks">http://www.clayton.edu/human-resources/Handbooks</a>. The employee handbook must be attested to and acknowledged by each employee when starting employment (normally 5-10 days to complete from date of hire during new hire orientation). All employees must complete mandatory annual training once per year and download the handbook. Human Resources monitors and tracks completion of mandatory trainings for all employees.

#### **Online AOD policies:**

#### **Students**

Office of Community Standards

http://www.clayton.edu/community-standards/home

Alcohol and Other Drugs Education and Prevention Program

http://www.clayton.edu/community-standards/Alcohol-and-Other-Drugs-Education-and-Prevention-Program

#### Student Code of Conduct

http://www.clayton.edu/Portals/47/docs/student-code-of-conduct.pdf

#### **Disciplinary Procedures and Sanctions**

http://www.clayton.edu/Portals/47/docs/discipline.pdf

#### Counseling and Psychological Services

http://www.clayton.edu/counseling

University Health Services http://www.clayton.edu/uhs

Department of Public Safety http://www.clayton.edu/public-safety

Campus Life

http://www.clayton.edu/campus-life

Housing and Residence Life http://www.clayton.edu/housing

#### **Employees**

Employee Handbook

http://www.clayton.edu/portals/24/docs/employee-handbook.pdf

Faculty Handbook

http://www.clayton.edu/Portals/549/docs/faculty-handbook-may2011.pdf

USG Board of Regents' Policy Manual

http://www.clayton.edu/Portals/42/docs/section8-personnel-bor-policy-manual-usg.pdf

Employee Assistance Program http://www.clayton.edu/human

Clayton State Drug and Alcohol Abuse Prevention Policy http://www.clayton.edu/Portals/47/docs/DRUG%20AND%20ALCOHOL%20ABUSE%20PRE VENTION%20POLICY%209.14.pdf

#### **Recommendations for future steps**

- Members of ADEPT met quarterly to review, update, plan, and assess AOD related activities and events on campus. There has been increased collaboration among campus departments including the Office of Community Standards, Public Safety, Housing and Residence Life, Marketing and Communications, Counseling and Psychological Services, and the Psychology Department; however, other departments such as Athletics, Human Resources, Recreation and Wellness, and Campus Life among others also need to be represented on ADEPT and/or included in future AOD conversations and activities. Staff changes in Athletics, Recreation and Wellness, and Campus Life account for the absence of departmental representation on ADEPT during this review period.
- The newly created online page entitled Alcohol and Other Drugs Education and Prevention Program needs to have a dedicated staff member. Ideally, this individual will be the AOD campus contact who will dedicate full time effort to the program's development, expansion, and sustainability.

- There needs to be continued efforts to identify recovery students on campus who will form a student organization that will meet the needs of the recovery community.
- There is a need to identify community partners for the AOD program including stakeholders who can provide monetary support expanding and sustaining a viable AOD program on campus.