**Wellness Council Meeting Minutes**

**Date**: April 18, 2018

**Time:** 1:00 – 2: Pm

**Venue**: Magnolia Hall room 136

**Participants**: Hae Ryong Chung, Maisie Kocher, T’mara Rozier, Marcella Cisneros, Ablavi Zolome

**Agenda**

* How to access the wellness council website :
* General purpose/goal of the program : earn the Gold Level
* CSU was rank 8th with only 7% of well-being programs

**Additional items/suggestions on how to improve**

* Send more advertisement to all CSU faculty, students and staff to remind them to eat healthy: Ms. Marcela will be in charge of this by next semester.
* We agreed to reach people mostly through a monthly emails

**Agenda next meeting**

* More ideas on how to lunch the Health Campus Week next semester (Fall 18)
* Find ways to boost participants in all areas of recreation and wellness (Faculty & Students)
* Need to grow the NPHW program to have more students and employees to participate next year (April)
* Encourage more students to volunteer to Kaiser Permanente next semester
* HFMG must report the number of their students who will participate to Kaiser Permanente
* Get refund/sponsors: Ms. Maisie will work on writing the proposal and keep us posted.
* The next meeting will be sometime on the first week of the fall semester (August 2018); the doodle will be send out by the end of July to set up the date.